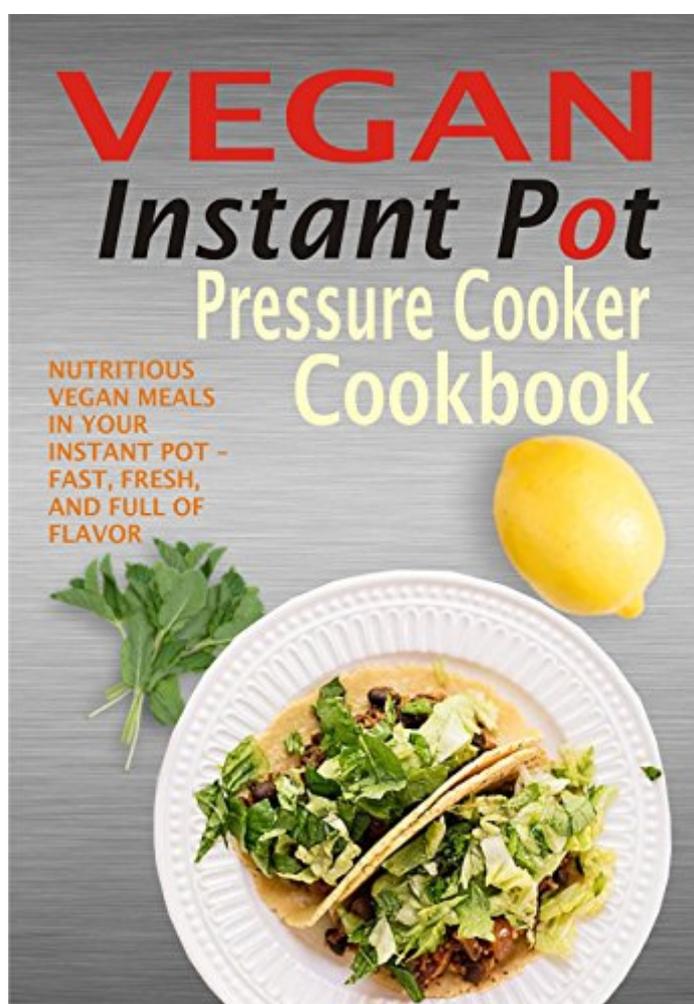


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# Vegan Instant Pot Pressure Cooker Cookbook: Nutritious Vegan Meals In Your Instant Pot - Fast, Fresh, And Full Of Flavor



## Synopsis

Nutritious Vegan Meals - Fast, Fresh, And Full Of Flavor The Instant Pot makes pressure cooking a delight for all types of cooks. The Vegan Instant Pot Pressure Cooker Cookbook contains 90 carefully selected recipes from quick and easy breakfasts to wholesome dinners and everything else in-between. These mouth watering meals are not only delicious, they also have easy-to-follow directions that make it easy for even inexperienced cooks to make delightful everyday meals. This book is for you whether you are on a strict vegan diet or you just want to add more plants to your meals. The wide variety of recipes is presented in convenient groups of Breakfast And Brunch; Soups, Stews, And Chilies; Rice And Pasta Recipes; Vegetable Main Dishes; One-Pot Meals; Side Dishes; Desserts; Dips And Appetizers; Sauces And Broths. From Crunchy Steel Cut Oats to Bean Soups, from Butternut Squash Risotto to Beet And Spinach Salad. These meals provide something for everyone and for every purpose. The ingredients are easy to source, they are simple to cook and you will always end up with amazing flavors.

## Book Information

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Too bad has decided to rip me off for \$50.00 when I have ordered tons of stuff from them since 2005. I am not longer an customer now. They never sent a gift card I purchased and when I called

about they put the money back in my account. They then took it from my account before I could use it and put it in a total strangers account and refuse to refund me. BEWARE.It is impossible to reach anyone. No one speaks English. When I finally got someone after literally hours on the phone I still did not get any help.

A rather primitive read.Really meant for the beginner cook.There are recipes included that really require time for flavors to blend, they shouldn't be included here!

Excellent supplement to the cookbook shipped with the Instant Pot.

No frills cookbook, but loaded with really good easy recipes.

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